

Behavioral Health Consultants

Dr. Dorothea Hover-Kramer, CEO

Consulting ✦ Psychotherapy ✦ Seminars ✦ Personal Empowerment



Dr. Dorothea-Hover-Kramer, Ed.D., RN, CNS, D.CEP is a psychotherapist, entrepreneur, founder and director of BHC, with over 30 years of experience as a psychologist and clinical nurse specialist. As a dynamic speaker, she energizes individuals and groups. Dorothea's passion is empowering individuals and groups to harness their energy and creativity especially in the second half of life. She is also an expert practitioner of the new field of energy psychology and teaches workshops nationally and internationally as well and consulting with individuals to address life issues effectively.

Education and Licenses

Ed.D., doctorate in educational psychology, Nova University
M.S., public health and mental health nursing, Boston University
Licensed psychologist (ret.), CA
Licensed psychiatric clinical nurse specialist, OR, pending in WA

Professional Accomplishments

- ◆ Co-founder and past president of the Association for Comprehensive Energy Psychology (ACEP) a national and international association of over 1,000 members in its 10th year of development
- ◆ Primary architect of ACEP's certification program in energy psychology for mental health professionals and allied healthcare workers
- ◆ Leadership in American holistic Nurses Association 1981-1990
- ◆ Developer and curriculum designer of for Healing Touch Program, and its international certification program reaching over 15,000 healthcare professionals
- ◆ Presenter and teacher at national and international conferences and training programs
- ◆ Consultant for stress management to business and industry. Agencies reached include Anheuser-Busch and Sea World.
- ◆ Member of many board of directors including Olympic Peninsula's Friends of the Fields
- ◆ Presenter of in-service programs for community and senior centers and Clallam county senior peer counseling services.

Publications

- ◆ Numerous articles and contributions to health, healing and creative aging publications
- ◆ ***Second Chance at Your Dream: Engaging your body's energy resources for optimal aging, creativity and health*** (2009)
- ◆ ***Creating Right Relationships: A practical guide to ethics in energy therapies*** (2007)
- ◆ ***Healing Touch: A handbook for practice*** (2002)
- ◆ ***Creative Energies: Integrative energy psychotherapy for self-expression and healing*** (2002)

Services

BHC is committed to making educational resources for personal growth widely available on the Olympic Peninsula through personal counseling and group leadership. Topics addressed include: Dealing with stress; Reducing the impact of trauma; Resolving family conflicts; Releasing negative beliefs and emotions; Relieving physical and emotional pain; Developing optimal resources for self-care; Working with the laws of attraction and finding creative business solutions.

Contact Information

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